

# AVENUE OF THE VOLCANOES (6d/5n)



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### DAY 1: QUITO

Arrival in Quito and transfer to your hote (meals on your own).

### DAY 2: PINTAG

In the early hours of the morning, you will leave Quito for a 1 ½ hour drive to the town of “Pintag”, from where you will start your trek at 8,600ft (2,600mt.). You will enjoy a moderate uphill walk through Haciendas and Andean houses. The trek continues until you reach the community of Ubillus were you will set up camp by a natural spring at 9,100ft (2,700 mt.). B-L-D.

### DAY 3: SINCHOLAGUA MOUNTAIN



Today you will start trekking through typical Andean vegetation on a beautiful scenic cobblestone road for about 2 hours, and continue walking through farmlands for about 1 hour. After your picnic lunch you will start a 3 hours uphill trek to a small valley and enjoy the beautiful sight of the Paramo landscape. You will continue uphill until reaching the slopes of the Sincholagua

Mountain where camp will be up at 12,450ft (3,795 mt.). B-L-D.

### DAY 4: SINCHOLAGUA – PITA RIVER

After an early breakfast, we start our trek uphill towards the highest pass (14,430 ft, - 4,400 mt.) on our trek and from here we start our descent passing through native forest and highland Paramo vegetation with ectraordinary views of the Cotopaxi (on clear days). As we continue our descent we will be able to see a lagoon to our left, to then follow – on and acroos the Pita river in order to reach our camp at a great location protected from the winds (12,360 ft., 3,770mt.) B-L-D.

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### DAY 5: RUMIÑAHUI VALLEY

This day we will descent to the Cotopaxi plateau passing through a valley formed by an ancient eruption of the Cotopaxi volcano and visit the archaeological site of Incahuasi, visit the manantial, a water eye hole, that comes shooting straight out of the base of the Cotopaxi. A pretty magical place surrounded by small hills that seem to be the protectors, on our way across towards the Rumiñahui mountain. On clear days we can have a spectacular view of the Cotopaxi volcano. After a stop for lunch, we will start crossing the high mountain plateau toward the Tambopaxi mountain lodge where you will spend the night. B-L-D.



### DAY 6: COTOPAXI – QUITO

A further four hours trekking takes us to the Rumiñahui Mountain and trek to one of the high ridges at 13,100ft (3,990mt.), ending at the Limpiopungo lake in the foothills of Rumiñahui. For those wishing to climb Cotopaxi, vehicles will be provided in the morning to transport you to the refuge at 4,800mt. (optional with extra cost). The group will be picked up mid-afternoon



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and taken to Quito. Transfer to the airport on your own. B-L-D.

### **EQUIPMENT LIST**

#### **Trekking**

Water proof windbreaker, hiking boots, sleeping bag, daypack, waterproof gloves, wool cap covering entire head and ears, warm trousers, rain gear, good sunglasses, hat, sunblock (at least 15 spf), canteen, flashlight (head flashlight recommended), pocket knife, camera, binoculars, and wash kit.

### **END OF SERVICE**

***The itinerary may change due to unusual weather patterns, natural events, the strength of the group and so on. We will do our very best to keep up with itinerary however we cannot be held responsible for any last minute changes that might occur. In all such circumstances your expedition leader will have the final word.***